



## Honor and Code of Conduct Agreement

**The Madison Country Day School (MCDS) Rowing Program provides the opportunity for young athletes to participate in a competitive rowing program, under the guidance of experienced coaches, to engage in healthy social activities, to learn how to cooperate in a team sport, and to organize and discipline themselves to achieve these goals. In the truest form of teamwork, MCDS junior athletes are expected to conduct themselves in a manner that does not compromise the goals of the team or school and their mission.**

An individual I understand that I am eligible to participate in the MCDS Rowing Program once I have submitted a signed parental permission form, swimming test certification, health form, am current in my fees, and have signed this honor and code of conduct agreement.

As a competitive rower I shall refrain from taking part in any activity that negatively effects the team, including the use of alcohol, tobacco or illegal drugs, possession of weapons, absence from practice, a lack of effort, and unsportsmanlike behavior towards a competitor, coach or teammate. The use, sale, or possession of alcohol, tobacco or illegal drugs which impacts a rower's performance and relationship to the team will not be tolerated. Rowing is a sport that requires my consistent attendance and solid effort. Without them excellence in competition is unattainable. I understand that in my absence my teammates may not be able to practice, and therefore I will be at practice on time and consistently. As a team member I understand that there is no place for unsportsmanlike behavior including fights, threats, taunting or menacing. In addition I will respect others property and will not steal or damage equipment or others property. Finally, I understand that all of the above is applicable when I travel with the team, as well as abiding by team curfews and respecting chaperones that volunteer to join us.

I will do my best as a member of the MCDS Junior Program to be an example of a true team member, treating my coaches, teammates, and competitors with respect, giving my best effort at practice, and showing up consistently. I understand that a violation of this Honor and Code of Conduct Agreement may result in discipline, which may include suspension from the MCDS Rowing Program or referral to the MCDS Head of School. I also understand that any discipline I receive shall be based on the particulars of my offense.

Acceptance:

I, \_\_\_\_\_, agree to adhere to this Honor and Conduct Agreement.

Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date